

Group Discussion Guide — One Mind, Many Masks

- 1) What's the most helpful 'mask' you wear—and when does it start to become a prison? 2) Where does the AI analogy illuminate your path, and where does it fail? 3) Which form of obstruction (force, fog, hooks, gatekeeping, derision) have you encountered most—and how might you counter it? 4) What would 'clear exits' look like in your organization or circle? 5) Where can you add friction for harm and flow for growth this week? 6) If everyone adopted the 60-second check, what would change around you? 7) What would it mean for you to 'build a path that won't need you forever'?